Nutrition Facts

Signature Bowls	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Sugars (g)	Dietary Fiber (g)	Protein (g)	Allergens
Based on standard serving sizes of all standard underlying ingredients which fit in a 24oz bowl.											
Mediterranean	548	34	10	0	95	952	37	5	6	24	Dairy
Southwest	501	23	6	0	107	1205	45	6	9	27	Dairy, Eggs
Banh Mi	416	9	2	0	87	844	47	16	5	22	Soy, Eggs
Pesto Parmesan	388	20	7	0	98	1425	24	15	7	28	Dairy
Spicy Stir Fry	304	12	3	0	87	1223	28	15	7	25	Soy, Tree Nuts

Customizable Bowl Options	Calories	Total Fat (g)	Saturated Fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Sugars (g)	Fiber (g)	Protein	Allergens
Based on standard serving sizes											
Extra Chicken	130	7	2	0	87	277	0	0	0	16	N/A
Substitute brown rice for riced cauliflower	18	0	0	0	0	124	3	1	3	1	N/A

Drinks	Calories	Total Fat (g)	Saturated Fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Sugars (g)	Fiber (g)	Protein	Allergens
Based on standard drinks which fit in a 20oz cup											
Original	0	0	0	0	0	0	0	0	0	0	N/A
Black Cherry	0	0	0	0	0	0	0	0	0	0	N/A
Desert Peach	0	0	0	0	0	0	0	0	0	0	N/A